



Athenian Sea Carriers Ltd.

POSTER 02

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Issued/Approved by: CEO

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HEALTH & SAFETY POLICY

The Policy of the Company is to ensure and promote a **Healthy & Safe Working Environment** at Sea, **Prevention of Human Injury or Loss of Life** and **Avoidance of damage to the Property**. The basic Safety Policy of this Company is that **no task is so important that an employee must violate a safety rule or put him or herself at risk of injury or illness in order to get it done**. Therefore the Company establishes a **proactive approach** to Tanker Management, both ashore and onboard, that includes **identification of hazards** (including exposures to substances hazardous to health) and the implementation of preventive and mitigation measures. **Objectives / Health & Safety Objectives of the Company:**

- **Zero level of accident**
- Promotion of the **culture of excellence** of working in a safe & healthy environment, to a way of life

In order to achieve the objectives, the Company:

- Ensures the **Master is given the necessary support** to safely perform his duties
- Provides **safe working practices** in ship operation and a healthy and **safe working environment**
- **Assess all identified risks** to its ships, personnel and the environment and **establish appropriate safeguards**
- **Committed to continual improvement and prevention of pollution and continuously improve safety and health performance and management skills** of personnel ashore and onboard ships, including preparing for emergencies related both to safety, health protection & **prevention of pollution**
- Systematically **identify hazards and measures** to eliminate or reduce risks to the lowest practicable level
- Promote a **no-blame culture** and motivate staff to ensure that they understand and embrace the requirements of the ship management system.
- **Health & Safety objectives and targets are reviewed** in quarterly basis through Company's KPIs.
- Company **provides resources necessary to implement the occupational health and safety programme**.

Company ensures:

- **Compliance with applicable legal requirements, mandatory rules & regulations and other requirements to which the Company subscribes**
- The policy is **understood, implemented and maintained** at all levels in the organization, while ultimate responsibility remains with the management
- **Health & Safety Policy is available to the public and interested parties through its web site and intranet**.

Shore-based monitoring

- Every employee, supervisor, manager and director comply strictly with the policy, standards, procedures, instructions issued and always perform their duties within the quality frame, with special attention to safe and healthy condition and with proper concern for protecting the environment
- A Risk Management Approach Case Study (vessels) and Job Health & Safety Manuals (shore) designed to identify potential hazards and exposures, management of operational risks, including those related to health & hygiene, is engaged. The validity of Risk Assessments and their application across the fleet is periodically reviewed and updated
- Regular on-board inspections to monitor the Company standards being maintained within the fleet are carried out and recommendations to top management based on the findings of those inspections are made
- Proactive campaigns on health & safety preservation and protection matters are established.

Shipboard monitoring

- Hazard & Exposure Identification and Risk Management Approach Case Study Manual is established
- Appropriate training in the use of hazard & exposure identification techniques and risk assessment tools
- Continuous Training in Safe Working Practices, hazard & exposure identification techniques is maintained
- Permit System is maintained all times
- Drills & exercises program is established
- Safety Inspections are carried out at scheduled intervals by shore staff and ship's officers
- Significant Safety Deficiencies and Defects that cannot be rectified by ship's staff are immediately reported to shore-based management
- Compliance with company health, safety & environmental protection procedures & Instructions is periodically verified.

Christos Stathis / Chief Executive Officer
Date: 01/10/2016